



CARDIJN
COLLEGE

INSPIRED

ALUMNI NEWS FROM CARDIJN | ISSUE 1, 2018



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Cardijn College
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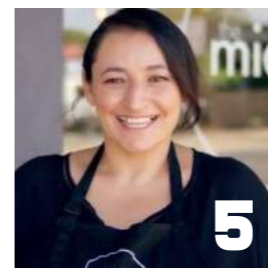
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FRONT COVER IMAGE:
 Dane Oliver ('03) is making big
 waves in Denmark's coffee scene

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FROM THE PRINCIPAL

Dr Paul Rijken

Welcome to the 2018 edition of our newly badged Inspired Magazine. This magazine replaces the former Old Scholars Newsletters and brings a new, fresh look at what is happening at Cardijn with news for our Old Scholars community. The new look Inspired Magazine is our way to stay connected with you as we recognise that graduating from Cardijn College is an important milestone in the life of our former students. We aspire that our former students remain connected with our College and their graduating class to share news, to keep updated regarding future Old Scholars events and to let you know how you can be involved in the Old Scholars network.



Our new magazine features news about Cardijn's future directions and priorities, news about our new building developments, feature articles about former scholars, a staff feature, old scholars sport, our academic results, 2018 reunions, births and marriages as well as news about the launch of our Anniversary Book.

This year we were delighted to welcome Mrs Emma-May Palmer as our new full time Alumni Officer. Emma-May was a graduate of Cardijn College in 2003 and former House Captain of Kolbe House. Emma-May has been busily

connecting with our alumni with reunions of the classes of 1988, 1998 and 2008 as a high priority. Emma-May has also been focussed on connecting with former students and updating our database so that information is readily available and communicated.

In this day and age of social media and technology, information is readily shared to anyone across the world. We recognise that our community is far and wide nationally and internationally, hence you can find our news on Facebook, Twitter, LinkedIn, Principal's Blog and Instagram.

As a former student, I hope you join our Old Scholars, staff, current students and families in making this community so rich and full and celebrating Cardijn College as a special place. We look forward to sharing with you a range of special Old Scholars events and initiatives planned for 2019 in what is a very special year as Cardijn College celebrates its 35th anniversary since opening on the 7th of February 1984.

With very best wishes

Dr Paul Rijken

CAMPUS NEWS

In November 2015, the Director of Catholic Education SA announced that Marcellin Technical College would align with Cardijn College. A taskforce was established to report to the South Australian Commission for Catholic Schools on how this alignment would unfold and what model would be recommended for the future of Marcellin Technical College. A final report was tabled at the end of 2017 recommending that Marcellin Technical College would be merged with Cardijn College as one school with two campuses. In the merger Cardijn College would have two campuses known as the Cardijn campus and the Marcellin campus. MTC Training, the in-house RTO at the Marcellin campus would continue to provide a broad scope of training in the areas of Electro-technology, Automotive, Engineering and Construction. In addition, three new courses will be established to commence in 2019 to include, Hair and Beauty, Early Learning and Personal Health, Care and Support.

Throughout 2018, staff at Cardijn have worked hard at ensuring that the College would be ready for Year 7 in 2019. Students in Years 6 and 7 from our Catholic primary schools had the opportunity to spend a day at Cardijn, to make them familiar with secondary school and the subjects and activities available. During these transition days students met their new teachers and got a first taste of our well known House system. Teachers

redesigned the Year 7 curriculum with the integration of the core subjects into four distinctive areas. Futures Thinking - encompassing the subjects of Mathematics, Science and Technology, Global Perspectives - involving the subjects of Religious Education, English and Humanities and the Social Sciences, Healthy Lifestyles - involving the subjects of PE, Health and Pastoral Care, Languages (Italian/Indonesian) and a broad range of electives such as Academy Sport, Performing and Visual Arts.

The redesign of the Year 7 curriculum will flow on to Year 8 in 2020 completing our focus on the integration of subjects into a capability focussed curriculum.

In mid - 2017 a number of Board members began work on our Strategic Directions project with a view to launching a new vision for Cardijn College at the end of 2018. The 18-month process was managed by the Strategic Planning Reference Group (SPRG) who used surveys and interviews to gather the views of as many people in our community. This involved current staff, students and families from both campuses, students at our Catholic primary schools, community members, industry partners, businesses and stakeholders.

Toward 2025, the Strategic Directions and Priorities of Cardijn College was endorsed by the Board in October this year and will be

officially launched at the beginning of 2019. Our goals are summarised into five major areas where Cardijn seeks to effect:

1. Influence and impact in our community
2. Develop marketplace learning
3. Develop enterprise educators
4. Empowering pathways
5. Investing into the future

During 2018 and into 2019 we will again see major building developments across both campuses. At Marcellin, the top floor of the Eastern wing has seen the former finance offices, board room and class rooms redeveloped with a dedicated area for our Marketing, Communications, Publications and Old Scholars team, a Hair and Beauty Salon, Early Learning classroom, a centre for Health and Personal Care and a new STEM laboratory. In addition, in partnership with the Onkaparinga Council, we are redeveloping the frontage of Marcellin to include a new Beach Road curb car parking area, a new Beach Road frontage to the campus to include a major entry and upgrading of the frontage with new signage and finally a pathway leading to the campus' eastern reception centre.

At Cardijn, the commencement of Stage 1 involves the relocation of our maintenance facilities from the Goldsmith Drive area to the southern part of our soccer oval. A dedicated maintenance facility

will include buildings to house our vehicles and equipment, a workshop and office area and much needed storage and washing facilities. This relocation is necessary as it makes way for Stage 3 which involves the demolition of the current maintenance facilities, the Art/Technology building including the canteen to make way for a brand new two-storey Senior School building with STEM and Design Studios, Cafeteria and Wellbeing Centre. Stage 3 is proposed to commence in 2020. Stage 2 is currently in progress and involves

a complete makeover of the amphitheatre area into a purpose-built Student Central, with new areas for meeting and enjoying outside gathering spaces during lessons and break times. The old Home Economics Centre will make way for a new kitchen and an additional commercial kitchen, a servery and restaurant area, new change rooms and a teacher preparation area. We are looking forward to the completion of these works by the end of July 2019. 2019 will be the dawn of a new era at Cardijn with our school

becoming a Year 7 to 12 mainstream campus with a Year 10-12 technical campus at Marcellin. 1120 students will be located at Cardijn and 175 at Marcellin bringing the total enrolment to 1295 students. This is a significant increase from when I began at Cardijn when the enrolment was 620 students. In the next three years we will see the enrolment increase to 1500 students and the College needing to expand its developments across the area north of our main oval. Standby for more exciting news about this development in 2019.

Landscape Plan



From the Home Ec Kitchen to Masterchef

ROSE ADAM



If there's one place that is the catalyst for career choices, it's high school. Great in debate? Then study to become a lawyer. Whiz at maths? Accounting could be the go. Excel in English? There are plenty of professions for that too (cue: teacher, journalist etc).

For alumna turned MasterChef contestant Rose Adam ('94), high school was the catalyst for creating things with her hands, starting with Woodwork.



"I loved Woodwork. I did Woodwork right up until Year 12 and I still have all the furniture I made, at mum's house. It was so amazing, so nice to have that release and to do something with your hands. I think I wanted to do something with my hands but could never figure out what it was," Rose said.

Besides Woodwork, Home Economics was another subject where she got to use her hands. Although Rose admits Woodwork trumped Home Ec, as she was never into cooking. That is, until she whipped up a mushroom gravy and steak.

"The very first thing I ever cooked in Home Ec was this ridiculous mushroom gravy," she laughed.

"We just sautéed mushrooms with a little bit of garlic and some onion in a pan and put in Gravox and hot water. Then cooked a steak. Nothing fancy. I went home and cooked it; everyone loved it. And I made it for so long after that. It was always that recipe. It was nostalgic."

That was in 1994 when Rose graduated from Cardijn. Cooking still wasn't on her radar and neither was woodwork, so when high school finished, she had trouble finding a suitable career path.

"Back then, schools didn't have concepts and ideas around counselling, or a focus on career progression like they do now. There is so much information available for kids now about what they can do. And so many career options. But for me it was lawyer... doctor. I didn't want to be a lawyer or doctor or nurse. I wasn't a great academic. I didn't like studying. My concentration was always going to somewhere else."

Since then, Rose worked in retail (MYER), later going on to climb her way up the corporate ladder. But after spending 15 years in the corporate industry as a manager and workplace trainer, it was time for a change.

"I loved it, but I felt like you can get into a bit of a rut in your life after a while. I was living in Melbourne, working for Specsavers. It was a big job, big role. What it came down to for me was earning lots of money but not achieving anything. Hence the change in career..." she trailed off.

Rose switched her sights back to being creative with her hands - this time, in the form of cooking. She steadily honed in on her craft, often finding herself cooking or baking, whenever she could.

"If it was on Better Homes & Gardens, I'd make it," she laughed.

"I'd go to mum's house and get her recipes. I'd find myself on a Sunday making food for the week. Doing a lot of meal prep. Really liking it. I think there's this whole idea of

control. There are so many things about life that are unpredictable and knowing when I go home, after a really stressful day, and put everything in a bowl it would become this perfect cake. I knew that would happen. And I really liked that gratification. That sense of accomplishment."

It was this love for cooking and feeding people that spurred Rose to apply for MasterChef. She applied a couple of times (season two and six) but the timing wasn't right. When season seven rolled around, Rose applied again - and was successful. As Rose recounts, it was the most exciting and terrifying thing she had ever done.

"The initial emotion I have attached to it is fear. I was scared the whole time. You have no control over anything. You don't know what you're doing. You don't know what's happening that day. You can put on an apron but you might not even be cooking that day. It was that constant fear of not knowing. I've never been so scared in my life where I feel like I'm going to faint."

"It was scary but it was also incredibly exciting. Such a crazy adventure. Like where in your life would you do anything like that? It was inspiring and really energising and exciting. The thing that surprised me the most was how creative I was becoming as a cook. I never thought I would make the things I would actually make."

While MasterChef was filming, so too was the process of finding a café - an idea Rose and her family had



toyed around with for years. And something she discussed on/off with the MasterChef judges.

"Every time I would sit in the elimination room with the judges, while we were waiting for the production crew to set up, Gary would talk to me about my business plan he was like, 'Right tell me about your business plan. What spaces have you looked at this week?' I would tell them and they would give me advice."

After much searching and some impeccable timing, her family found a café the day after Rose got eliminated from MasterChef. That café is [The Middle Store](#) in Melrose Park, which boasts healthy meals, with a Middle Eastern twist.

"There are not many cafes that do modern Middle Eastern food in Adelaide. Middle Eastern food is steeped in history. We just wanted to show people what we eat - healthy, fresh and light. It was nice to do something a little bit different," she concluded.

I'VE NEVER BEEN SO SCARED IN MY LIFE WHERE I FEEL LIKE I'M GOING TO FAINT.



LAUREN JEW

*From Cardijn
College to Citizen of
the Year*

It's a pretty good day when you get awarded Young Citizen of the Year 2018 – which is exactly what happened to alumna Lauren Jew ('04). However, in true Citizen of the Year form, she remains modest about her win.

“Being awarded the Young Citizen of the Year was nice however really it's just a reflection of the many people who have influenced my life. There would have been no way I could've been involved in half the things I have if it wasn't for the amazing people that I have collaborated with and learnt from over the years,” she starts.

During her time as Community Development Coordinator for the Aldinga Beach Children's Centre, Lauren also nabbed another award – the 2017 Community Engagement Award at last year's Public Education Awards. But it's not the awards that make her happy (although it's close) in such a rewarding career. It's the children.

“The greatest investment we can make is in our children and young people, as they are our present

and future. It is a really exciting time working in a community development capacity with children and families. I'm fascinated by current research around the neurobiology of trauma and the importance of the first three years of a child's life. I love to innovate with others and try things that many would think is crazy.”

This contribution and the driving force behind a number of community initiatives promoting inclusion, care for others and support for the vulnerable, can be attributed to her schooling years at Cardijn – in particular, the See, Judge, Act motto.

“The school's motto really resonated with me. I deeply believe that we all have the ability to influence the world around us. I was fortunate to have quite a privileged life and saw the hardship that many young people were facing, they weren't bad people in fact they were resilient and had so many strengths. I deeply believe that this influenced me to work and volunteer in the community particularly with people facing hardship.”

Further proof she's an outstanding citizen, Lauren is also a Charter Member of the Rotary Club of Seaford and Board Member, Secretary, Fund Raiser and Runner Up Best and Fairest of the O'Sullivan's Beach / Lonsdale Football Club. Again, she credits this to her time at Cardijn.

“I have really fond memories of Mr Burrows and other teachers who would challenge me and stretch my thinking. And I'm always grateful to Mrs Ratican for evoking my interest in leadership, plus all the opportunities to play sport representing Cardijn.”



5 MINUTES WITH LAUREN

What pathway did you take after school?

I always felt there was a huge emphasis on students graduating and then going onto university. This pathway works for some students and not others, I knew really early that university wasn't for me, I wanted to experience what the world had to offer. I always thought that if I took up opportunities and had an openness for learning that my experiences could still assist me to

build a career. I have been fortunate to be able to do that and have only gone back to university recently.

In my early days at Cardijn I would find myself in trouble, mainly from talking too much in class. I remember Judith Ratican the Deputy Principal at the time pulling me aside one day, I initially thought she was telling me to put my blazer on which was a usual occurrence however she spoke to me about how she saw me as a leader, I brushed off what she was saying however she persisted. She told me that when I got in trouble others would follow and she suggested I apply for a national leadership program for young people, I was fortunate to be one of 30 young people selected.



What advice would you give to current students about following their career dreams and ambitions?

1. Find something that connects with your heart and mind
2. Be willing to learn from those around you
3. Don't be afraid to take risks and make mistakes
4. Be willing to be vulnerable
5. Believe in yourself
6. Realise that everyone is doing the best they can
7. Laugh at yourself sometimes

DANE OLIVER

Making waves amongst the Danes

A desire to backpack around Europe seeking change and adventure has seen Dane Oliver ('03) rise to the top of Denmark's emerging coffee scene. After originally setting his sights on a career in graphic design, Dane set off in search of new horizons in Scandinavia, expecting to eventually settle in London with other like-minded Aussies.

Dane spent time exploring Sweden and Norway before landing in Aarhus, which he describes as the 'Adelaide of Denmark.'

'When planning my trip, I decided not to just stick to the major Scandinavian cities but to see the second cities as well,' Dane said.

'Aarhus is the second largest Danish city after Copenhagen. The people I've met here gave me an amazing first impression - the Danes are very similar to Australians.'

Dane's experiences as a new student at Cardijn in 1999, knowing only one other student at the beginning, also played a role in finding his feet in a foreign country.

'From very early on I had to experience what it's like to be new and very unfamiliar in an environment and looking back it's probably given me a lot of confidence,' Dane said.

'Learning how to listen and build relationships from nothing, learning to put insecurities aside and getting to know new people. Those first months at Cardijn for me were very scary however it's great to get out of your comfort zone and learn to meet new people.'



And it's those people skills developed at school that have helped Dane to become the next big thing in the Danish coffee scene and create a network of new friends from all over Europe. Dane says he 'fell into' the coffee industry and now works for [La Cabra Coffee](#) in Wholesale and Client Relations, gaining new skills across all levels of the business.

'I've since learnt a lot more about coffee, from the roasting process to brewing it and also gained a great appreciation for where it is sourced from and the unwavering work of people in origin farming and producing,' Dane said.

It was this growing passion for coffee and craftsmanship that inspired Dane to enter and ultimately win The Brewer's Cup, an international coffee competition where he competed against baristas and coffee aficionados from all over the world.

'I'm fortunate to work for one of the most ambitious and progressive coffee companies in the world. The culture within our team has always been centred around empowerment and jumping at opportunities.'

'I started competing because I liked the idea of being able to present my ideas and knowledge on a larger scale. I've won an Australian and

Danish national title, however competing in Australia and winning was my proudest moment.'

Dane returned briefly to Australia in 2015 to compete in The Brewer's Cup with very little idea of how tough and competitive it would be.

Preparing for the competition half a world away from his new home, Dane tapped into his Cardijn connections, reaching out to the community for some help with transport.

'Prior to the weekend of the competition, I put out an SOS for someone to drive me around Melbourne and John Diano from the Class of 2004 came to my rescue,' Dane recalls.

'I guess that speaks volumes for the closeness and strength of the connection amongst students years after we leave the school.'

These connections are what Dane remembers most fondly of his days at Cardijn, and having the opportunity to develop his leadership skills as College Captain in 2003.

'I remember most of all the strong sense of community we had amongst the students and teachers. It was a

really amazing experience to be part of a community that really cares for each other and supports one another,' Dane said.

When asked what advice he would give to current students about pursuing their career dreams and ambitions Dane said: 'Stay open-minded and don't expect everything to go to plan. Try your best to get comfortable with uncertainty and embrace the fact that nothing in life is ever known for sure.'

'It's great to have goals and dreams to reach for however sometimes exciting opportunities and experiences come from unexpected places if you remain open and curious.'





ELIZA VANDERSMAN

Warning: Disturbing or upsetting content

I BROUGHT IN THE NEW YEAR IN DELHI, INDIA

I brought in the new year in Delhi, India and since then my feet have touched the soil in Thailand, Cambodia, Sri Lanka, Jordan, Palestine, Israel, Turkey, Tunisia, Malta, Egypt, Ethiopia, Kenya, Tanzania and now Zanzibar, where I write this from. I know I should probably talk about my experience of lecturing at a Women's University in India, or the international conferences I presented at, or training a model in communication who ended up winning the title of Miss India 2017, or meeting His Holiness the Dalai Lama. Maybe I should just stick to hitchhiking stories from Tunisia or the funny situations I landed in because I said the wrong word during my journey to learn Arabic. Perhaps the Safaris and Temples/Mosques/Churches and Ancient Egyptian ruins would paint a kinder picture of 2017, but

this would be ignoring the reality. The truth is that this year has been one of the most confusing and challenging years of my life and I leave it carrying more questions than I had entering. The more I travel, the more I am confronted with how little I know. Some days this ignites curiosity, passion and a drive to discover, and some days this disheartens. I have spent the last six years documenting via Facebook all the beautiful things about the 65 countries I know I am incredibly privileged to have seen, but there is importance in sharing the not so 'likeable' experiences. My goal of this year was to listen. To just sit, absorb and listen to stories of all the intrinsic lives I encounter. I cannot recount those stories as I wouldn't want to disrespect them with my ignorance of firsthand experience, but I can talk about my reactions

to those stories. I want to tell you the guilt I feel for being stressed by not yet knowing what to follow as a career, because I have the liberty of choice, when I worked alongside a woman who was my age in the Samburu tribe of Kenya whose fate had been decided for when poverty drove her parents to sell their nine year old daughter to a 60 year old man in exchange for a cow. She was excommunicated from her village at the age of 15 following a pregnancy that resulted from a rape, and she sat across the table from me holding her child so excited to learn how to read and write. All the while I complain about referencing systems at my acclaimed university. I want to tell you the sadness I have felt when I asked my student in India to write down a bucket list of her wildest dreams, when I fantasise about going to Antarctica, and her greatest

hope in life was to wear a pair of jeans just once.

I want to tell you that I am ashamed of myself that I needed to go to Palestine and sit in Bethlehem not to be overcome with the history and stories of the birth of Jesus, but to be confronted by the gut-wrenching separation wall. I had to see firsthand the lives of the displaced in order to realise and acknowledge my role as a white Australian in being the displacer of all the original custodians of the land I call home. I want to tell you the despair I felt when I watched a body being lifted out of a rolled truck in Ethiopia and people were happy because "just two died this time," or when I asked my dear friend in Egypt if we could meet his family but it was not an option because the police had killed them all in the failed revolution of 2011, or the fact that I had to flee Kenya because the death toll was rising rapidly purely because the people were seeking real democracy, where their votes didn't get destroyed before counted, or when my taxi driver ran over a



man in Tunisia and I had to scream to make him stop so I could check on him as the taxi drove off in the distance. Nobody stopped, nobody looked, and as I held this man's head I realised these parts of the world are so desensitised by death that life is now cheap. I want to talk about the shame that has been thrust upon me purely for the story my body

tells. The narrative of the white, blonde, western woman which is synonymous with promiscuity and immorality, this story that has excused men for spitting on me, advancing at me or locking me in a room and say "I know what women like you do, so why not me."

The perils of a single story are not just for white western girls but for every black person that gets assumed they are going to gun you down in the street, or every turban that walks through Australian airports and gets treated like a terrorist. The single story never has a happy ending.

The most confusing thing about this year has been that despite all this, peace is breaking out everywhere. For every heart wrenching story, there is a story of hope and joy and triumph. In a world that is quite scary right now, there are individual lives binding together with other individual lives with the shared motive of peace.

These are the people that allow me to sit with a Niqabi woman in a taxi and laugh until we cry as she accidentally grabs my boob whilst turning a corner. This is the world where the homeless man in India brings me a chai because he thinks every foreigner should taste



the “best chai in India.” This is the world where beautiful Zelweh from Palestine can invite me to her home for lunch even when her home was destroyed by the military, and this is the world where for every man who made an unwanted pass at me this year, there were two men ensuring I arrived home safe.

There is a word from the Nguni people in South Africa; Ubuntu - the belief that we are defined by our compassion and kindness toward others. My hope is that we

UBUNTU – THE BELIEF THAT WE ARE DEFINED BY OUR COMPASSION AND KINDNESS TOWARD OTHERS.

could all be defined by this and not by the single stories developed for us. Travelling has taught me more things than I could have ever received from books. I am grateful for every experience I have had in the last six years, even those not so glamorous, as it has completely opened my world. But for now, it is time for me to retire my backpack, unpack my things into my apartment in India and welcome the New Year for whatever it brings. - Eliza Vandersman - Class of



FROM THE ARCHIVES



**Cardijn is the place we love. Home of truth and knowledge.
See god's love in each of us. Judge of all our worth.
See the future in our eyes. Judge us not in waste.
Seeing, judging, acting is the motto that we own.
All thru childhood friendships make. Loyal, true and strong.
Bonded by our unity. Bonded by our love for Cardijn forever.
Acting out his holy word. Bonded by our love for Cardijn forever.
Act with wisdom, care and love. Guide us on our way. Cardijn forever.**

- “Cardijn Friend” Written by John Lonergan, Susan Holoubek and Maureen Mulkerin

Many staff at Cardijn College leave a lasting impression on their students, but not many had the same impact as Mr John Lonergan.

A dynamic and much-loved drama teacher, John Lonergan was well-known for being a lively, warm, gifted and enthusiastic teacher who cared deeply about his students. Sadly, John lost his battle with cancer but his legacy lives on through the many

lives he touched. The John Lonergan Memorial Art Award was created in his memory and is awarded annually at the Cardijn College End of Year Mass.

We recently received a piece of Cardijn history in the form of a school song written by John himself. The song title Cardijn Friend is believed to have been written in the early nineties by John with help from

fellow Cardijn staff members Susan Holoubek and Maureen Mulkerin. It was found during a shed clean out and forwarded to the College by Susan for safe keeping. The song was even performed by John and a group of staff at the Cardijn End of Year Mass – the same Mass where John is now remembered every year through the presentation of the award named in his honour.



LAURA FRANKLIN

Class of 2011

When I was in Year 8 I saw a play performed by the Year 12s called 'It Smells Like Teen Spirit' which left me filled with a range of different questions and thoughts on the play's main themes of teenage suffering and grief. A few years on I studied Stage 1 Drama and had the pleasure of getting to perform the play myself. Going from watching the play to becoming one of the characters allowed me to delve deeper into the thoughts and feelings of youth who are suffering from trauma and of course allowed me to work with the brilliant Tess Snape who wrote the play. Several years on and I have now had the honour of producing and directing the play myself for the 2017 Adelaide Fringe.

I was excited to direct Teen Spirit because I was able to give the opportunity to 20 young actors to have the experience of performing in a Fringe show. As a young creative I understand how hard it can be as a young person in the Arts industry so to be able to provide opportunities to others is a great feeling. A lot of

the actors who were in the show said how hard it is being rejected from roles and how their lack of experience was a contributor to this. I wanted to work with young actors who were still new to the industry, to develop them and give them that experience no one else seems willing to offer.

I also had the pleasure of working with Cardijn alumna Tita Ascencio as my assistant director. Tita was a few years above me

at school and we knew of each other through various drama productions. She messaged me when she saw the casting call on Facebook asking to be involved somehow and I will be forever grateful she did as she brought a lot of support for me and the actors.

We had about 45 people audition and out of the 20 roles, four were given to other Cardijn alumni including Mallory Kemp (2011),



IF YOU WANT TO DO SOMETHING, WHETHER IT IS WRITE A BOOK, MAKE A FILM OR PUT ON A FRINGE SHOW JUST GET UP AND GO DO IT BECAUSE SOMEONE ISN'T JUST GOING TO HAND IT TO YOU!



Emily-Jo Davidson (2015), Reece Benson (2016) and my sister Grace Franklin (2017). We had weekly rehearsals every Sunday and I had crew behind the scenes helping me out with the design, marketing, photography, sets and props. I also partnered with Headspace Adelaide who supported us throughout the show's production and came to two of the school shows to talk to audience members about mental health issues in youth.

In total we did eight shows at the Queens Theatre over the course of the Adelaide Fringe and we had great audiences for every show. Whenever an audience



[Visit Frank Films Facebook page](#)

member came up to me after a show with a tear in their eye and told me how much they loved the show and how it touched their heart or how one of the characters reminded them of themselves, I knew I had done my job. The aim of the play is to share the thoughts, feelings and 'normality' of these kids to the audience and remind them that these are issues worth mentioning.

Whenever I told someone I was producing and directing a Fringe show one of the first things I would get asked is 'how did I get that?' or 'who gave you that?' For some reason people think that you have to be given things like this. I believe if you want to do

something then just get up and go do it. I went into this production having no idea how I was going to do it but I took it step by step, asked for help and believed in myself. The message I hope I can pass on from this is if you want to do something, whether it is write a book, make a film or put on a Fringe show just get up and go do it because someone isn't just going to hand it to you! I am forever grateful for everyone who supported the show and helped me out along the way. Thank you Tess for giving me the opportunity to direct Teen Spirit and being an inspiration to me and so many of your students at Cardijn. I am excited to see what project I will challenge myself with next!



STAFF Q AND A WITH SEAN LANG

In this issue of INSPIRED, we chat to Sean Lang, Cardijn teacher and Year 8/9 Year Level Leader.

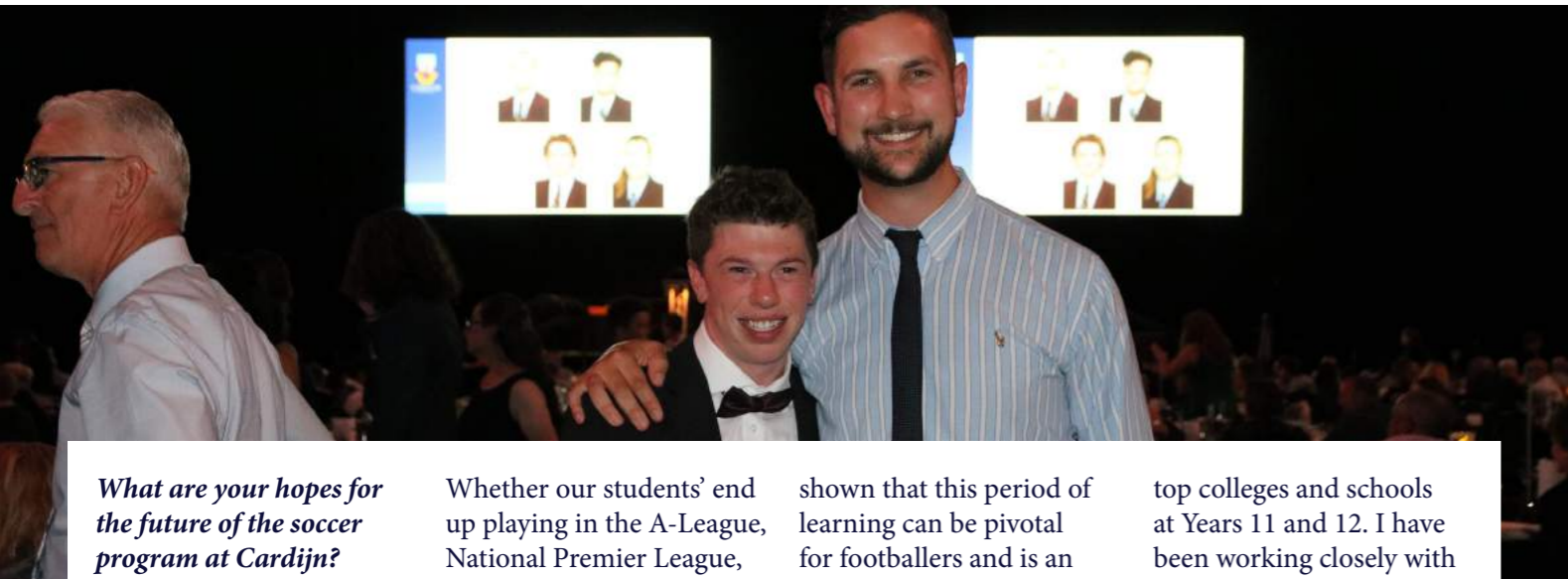
Were you always interested in a career in education? What inspired you to pursue a teaching career?

Since a very early age, education has been my strongest passion. I am the youngest of three boys and this drove me to join in with everything they were doing. I loved completing their homework alongside them (particularly maths) and playing

sport with them in our backyard and competitively; cricket, footy and soccer were clear favourites. I loved school and could never get enough.

Whenever my primary school had pupil free days, I even chose to attend school with my father at Cabra Dominican College and join in with his classes!

My greatest inspiration to pursue a teaching career is the simple act of accepting my calling into the vocation. I feel like teaching in Catholic Education is my moral purpose, it is what I am called to do, it is what I love doing. Building relationships and community within my life is something I take very seriously and endeavour to do with great vigour.



What are your hopes for the future of the soccer program at Cardijn?

Our Academy programs at Cardijn are such wonderful initiatives that provide our students with the opportunities to build knowledge, skills and habits for elite competition. Soccer has numerous success stories of old collegians who have gone onto big things. For us to be able to achieve this, we have developed relationships with key external stakeholders in southern football, providing the highest quality coaching and pathways possible for each of our graduates.

Whether our students' end up playing in the A-League, National Premier League, FFSA State Leagues or in the Collegiate Soccer League with the Cardijn Old Collegians, each student has a possible pathway which they are prepared for upon completing their studies at Cardijn and Marcellin. My vision for the future of soccer at Cardijn is to continue building upon from what Cardijn Soccer's 'Godfather' (Mr. Vic Bandiera) started nearly 10 years ago. I see a really strong emphasis on core skills in youth football at Years 7 and 8. Numerous studies have

shown that this period of learning can be pivotal for footballers and is an area that we have fantastic expertise in through the likes of Vic Bandiera, Eleni Takianos as well as old scholar Josh Partridge. We then aim to teach the most contemporary tactical game training at Years 9 and 10. This period of learning engages the athletes in the game with a strong cognitive and professional mental focus as well as physical conditioning. Our facilities allow us to achieve this with aplomb. We are otherwise building to provide opportunities for high level performance and success against the states'

top colleges and schools at Years 11 and 12. I have been working closely with key stakeholders in South Australia's best soccer programs as well as Football Federation South Australia to build the best school soccer competition that we have ever seen in order to achieve this.

We will continue improving and evolving our programs to develop holistic footballers who have the knowledge and skills to participate in football for the lifespan in either a playing, officiating or coaching capacity.

What do you enjoy most about your role as Year 8/9 Year Level Leader?

I am so grateful for having the opportunity to take up the role of Year 8/9 Year Level Leader. Whether it is working with our awesome student leaders or collaborating with students and staff to plan, execute and reflect

upon our Year 8 and 9 events, I feel very suited to the role. My favourite part about my role is being able to connect with the greater Cardijn community. Being able to visit our Catholic feeder schools and build relationships with staff and students helps connect us as a College to our wider community. We are so fortunate to have such wonderful feeder schools with talented and

passionate staff that prepare the students so well for the challenges of secondary schooling life. Most importantly, I love how I am able to build connections with our students who are looking to immerse and transition themselves to Cardijn. I feel so fortunate to help run our wonderful immersion and transition days, whereby the look of curiosity, wonder and awe upon our visitors is truly inspiring.



Why is extra-curricular activity so important in the life of a student?

I believe that building community at school is one of the most effective ways to engage students in positive behaviours and relationships. As a result, extra-curricular life is vital to achieve this. Cardijn has such wonderful extra-curricular programs which provide opportunities for all students to belong to a community within the Cardijn community. I am a firm believer of 'you only get out what you put in' and this could not be truer regarding life at Cardijn. The more you immerse yourself in, the greater skills you develop, you are able to develop larger social networks and in my opinion have a better overall good time in your years with us.

What are your interests/hobbies outside of work?

I try and balance my work life with levels of relaxation as well as a lively social life. I love sharing my most positive experiences and enjoy being in the presence of others. Family is of the utmost importance to me and I spend much of my weekends with my mother, father, brothers as well as my partner's family. I have a strong passion for football (which can be very consuming), live music, travel and the great food and wine that South Australia has to offer. I enjoy perusing around McLaren Vale, Barossa Valley, the Adelaide Hills as well as Clare Valley when I get the chance (mostly in the soccer off-season!). My partner and I otherwise visit the Limestone Coast frequently for a local getaway whereby we enjoy kayaking, hiking, wine tasting and fine dining. At home I enjoy gardening, cooking and entertaining for family and close friends.

I BELIEVE THAT BUILDING COMMUNITY AT SCHOOL IS ONE OF THE MOST EFFECTIVE WAYS TO ENGAGE STUDENTS IN POSITIVE BEHAVIOURS AND RELATIONSHIPS.



OLD COLLEGIANS SPORT

Cardijn College's first ever Old Collegiate Association, [Cardijn Old Collegians Football Club](#), was formed in 2017 by Joshua Partridge and Sean Lang. After numerous years of a highly successful academy program, the College supported the initiative to form an Old Collegians soccer club.

The inaugural season saw the Old Collegians enter two teams into the Football Federation of South Australia associated 'Collegiate Soccer League' in Divisions 3 and 4. The club experienced large amounts

of success on and off the park. A positive club culture was developed with a strong emphasis on building community through numerous social events and the club motto of 'supportive, inclusive, committed'.

The club was strongly backed by South Adelaide Panthers Football (Soccer) Club as they graciously provided a training facility as part of our partnership agreement. Esculent Takeaway (Old Reynella) agreed to be our major sponsors while Biggies at Bertram were our silver sponsors and CIBO Colonnades supported us

through a bronze sponsorship. The Collegiate Soccer League provides South Australian Colleges to develop greater engagement of old scholars by providing a pathway away from club soccer. Cardijn OCFC have come up against the following fellow Colleges in their endeavours: Pembroke, Scotch, Mercedes, Pultney Grammar, Immanuel, Westminster, Sacred Heart, Rostrevor, St. Paul's, Unley, Flinders University teams and Adelaide University teams. The club entered three teams in the 2018 season thanks to a recruitment drive, mostly driven by the word of mouth of a positive club community. The season began with a gut-wrenchingly close match in the FFA Cup Preliminary Round 1 vs. State League 2 side Mt. Barker United, losing the match in extra-time. Cardijn went on to achieve unprecedented success on the park with a narrow CSL Cup semi-final loss to Rostrevor, winning the Division 3A title convincingly, runners-up in the Division 3B league and a strong showing from our third team in Division 5.

The club was very well supported once again by Panthers Soccer Club and Esculent Takeaway in the 2018 season. New sponsorships from South Adelaide Panthers Football Club as well as Old Collegiate owned and run business – Movement Theory (Rodrigo Ventura), helped prop up the club financially. This helped provide the club with a promising amount of growth to match that growth of the player numbers and quality.



[Visit our website for more information on the Old Collegians Football club](#)

CLASS OF 2018 SACE RESULTS



2018 Dux of the College

Matthew Milovanovic with an ATAR of 98.00
A+ Merit in the Research Project
Straight As in Biology, Chemistry, Nutrition, Physical Education and Integrated Learning RE



2018 Proxime Accessit

Isaac Turner with an ATAR of 97.10
Straight As in Biology, Chemistry, General Mathematics, Physical Education, Research Project and Integrated Learning RE

Governor of South Australia commendation

Isaac Turner has been recognised for excellent achievement in Year 12 subjects as well as success in developing the SACE capabilities of communication, learning, personal development, citizenship and work.

Isaac joins other distinguished alumni from Cardijn who have been awarded this commendation including Sebastian Macaspac (Cardijn College Captain 2017), Emily Bennet (Cardijn College Captain 2016) and Madeleine Juhmann (Class of 2011).

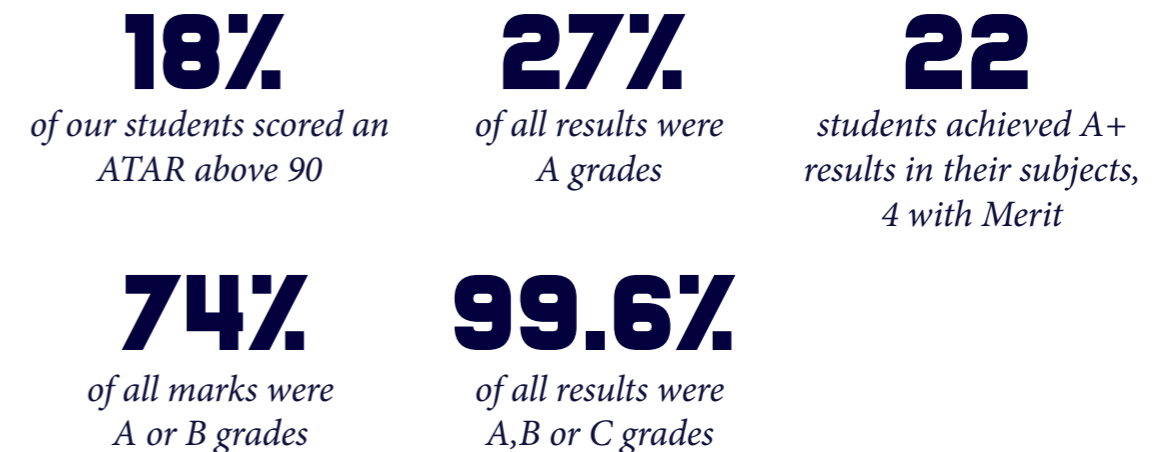
Merit A+

Student	Subject	Teacher
Katie Meyer	English	Shirley Yeo
Matthew Milovanovic	Research Project	Kevin McCarthy
Corey O'Dwyer	Research Project	Nadia Porter
Mitchell Taylor	Research Project	Shirley Yeo

The 90's Club

Matthew Milovanovic	98.00	Izak Bruschi	93.65
Isaac Turner	97.10	Shennae Macey	93.50
Taylor Jonas	96.25	Francesca Zagajewska	93.05
Angel Chiu	95.65	Alec Jackson	92.30
Olivia Covington	95.35	Isabella Macaspac	91.85
Celeste Ryan	95.00	Corey O'Dwyer	91.05
Katie Meyer	94.80	Sharon Shaji	90.75
Martina Beka	94.20	Emily Sills	90.60
Jessica Benzi	93.95	Conor Brown	90.15
Joshua Zeitz	93.90		

The Stats



Marcellin Technical Campus



THIS YEAR IN SOCIAL

In 2018 Cardijn College flourished in the social media space, an effective platform to connect parents, teachers and students past and present.

Our presence on social media allows us to deliver content to our community in a more timely fashion and opens up a forum of two way communication, allowing families to tag and share their

MAR 14 | Chisholm proved victorious for their 11th consecutive year as Sports Day champions.



students success. For our Old Scholars we hope to act as a digital photo album reminding them of their schooling years.

We are excited to continue to use social media as a tool to showcase our College to the wider community and all the great things happening within our school.

APR 26 | Students take on Mt Lofty Summit.



OCT 19 | Masterpieces made by our talented Year 12 Home Ec students.

NOV 23 | The Class of 2018 celebrating their graduation in style!



AUG 14 | Year 8/9 Knockout Netball Team winners!

NOV 7 | Principal Paul Rijken took a moment to capture a couple of selfies during our largest ever parent information night!



NOV 5 | Year 12 students Fabio and Sharon winning the Mary MacKillop Award for Excellence.



JUN 28 | Music, Art and Drama (MAD) Night at Hopgood Theatre.

**JOIN OUR
EVER GROWING
FACEBOOK GROUP
EXCLUSIVELY FOR
OLD COLLEGIANS
TO STAY IN TOUCH
WITH THE COLLEGE
EACH OTHER, AND
FOR NETWORKING
OPPORTUNITIES.**



MAY 29 | Cardijn victorious over Tenison



CLASS OF 1988 REUNION



The 2018 reunion program kicked off with a milestone in Cardijn's history – the 30 year reunion of our pioneering students. While many have moved interstate, and even overseas, several of the original cohort gathered at The Highway to celebrate and reminisce on this momentous occasion. Graduates and staff reconnected and heard about some more recent developments at Cardijn and shared entertaining anecdotes about their Cardijn days.



The classes of 1998 and 2008 also gathered to celebrate their milestone reunions this year with functions held at South Adelaide Football Club during October and November. With several staff in attendance, old photos displayed and plenty of memories shared, 2018 has proven to be another successful year for the reunions program at Cardijn.



Don't miss out on your reunion! To stay informed on upcoming reunion events, please complete our Old Scholars contact form on our website. Alumni Officer Mrs Emma-May Palmer will contact you with details when your reunion is approaching.





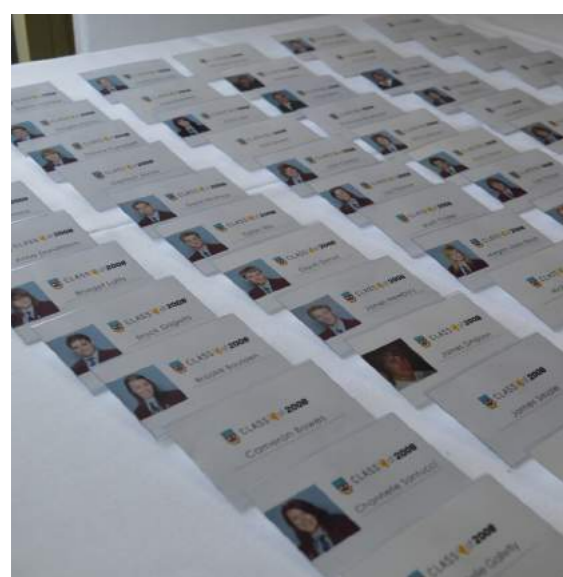
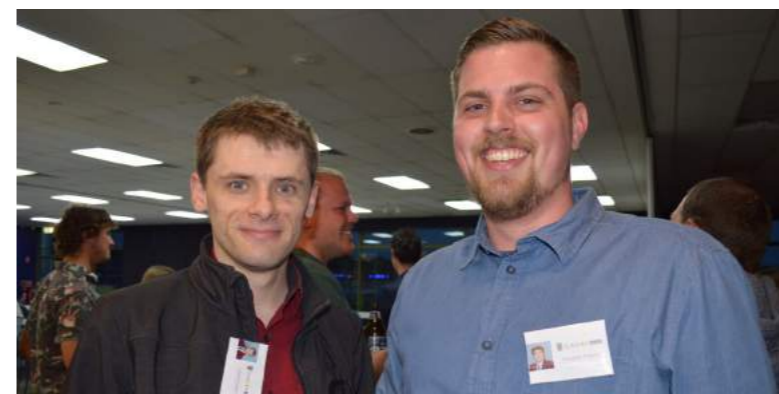
CLASS OF 1998 REUNION





CLASS OF

2008 REUNION



BIRTHS, MARRIAGES & ENGAGEMENTS

“My fiancé, Caroline Oddy, and I were engaged on 30th September 2018 at Queens Gardens in Townsville QLD. The proposal location overlooked Castle Hill, which is a prominent landmark in Townsville - we got to know each other running up and down the hill together, and we now share a home at the base of it!”
- Zac Smit ('09)



Congratulations Rachael Buckney ('15) and Robert on expanding their family in 2019. Their new arrival will be a sibling for two year old Axton.



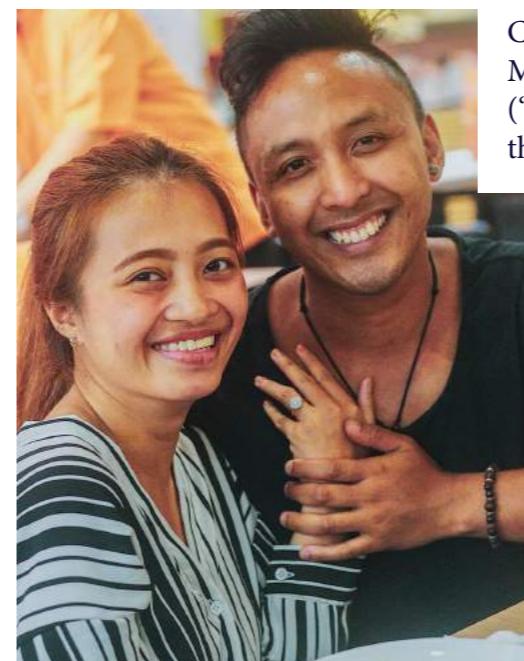
Congratulations Zac Smit ('09) and Caroline on their engagement.



Congratulations to Chantelle Skinner (Puliatti '05) and her husband Nick on the arrival of Mason Anthony Skinner in September 2018.



Congratulations to Chester Villanueva ('10) and Caitlin Power ('11) who became engaged in December 2018



Congratulations Michael Mogg ('03) and Gleese on their engagement.



Congratulations to Craig Galletly ('03) and Jess (neè Magliulo '04) on the arrival on their son Jackson.

A SCHOOL WITH SPIRIT

Cardijn College: A School with Spirit celebrates the journey of the Cardijn community over four decades.

The book highlights many significant moments which now define the essence of what Cardijn is about. The birth of the House system in 1990, the richness of Athon Day, our annual Sports Day, Year 12 retreats, our love for sport and the visual and performing arts, our social justice actions and missions as well as our tradition of family and welcome.

This anniversary book was inspired by keeping the spirit of the students, staff and families alive for this generation and those to come.

The book will be available for purchase during 2019.

